GALE FELLOWSHIP RETREAT WEEKEND at CAMP KINTAIL

## May 15, 16 and 17 2020

We are really looking forward to the upcoming weekend at Camp Kintail. This information should help you make your plans. If you have any more questions after reading this, please contact:

Melanie Dow 1-519-836-7244 or email melanie.dow@galepresbyterian.com

### LOCATION AND DIRECTIONS

Camp Kintail is on Lake Huron near Amberley.

Take Highway 86 west through Listowel, Wingham, and Lucknow to Amberley. Turn left (south) on Hwy 21 (toward Goderich). The Camp Kintail sign will be on your right just after going through the tiny hamlet of Kintail. Follow the road into the camp.

Park at the main lodge (only to unload) and we will direct you and help you from there. Please leave your vehicle in the parking lot for the rest of the weekend.

#### **ACCOMMODATIONS**

##### Kintail is a summer camp. Accommodations are rustic and clean. The cabins are set up with 12 bunk beds. **Most of the cabins are now heated with insulation and pine covered walls and some do have electricity.** Flashlights (with working batteries) for everyone are a MUST!! Lodge rooms have heat and hydro.

The main lodge also houses the washrooms and showers in a common area. These have been renovated over the past few years! All campers can use these. There is also a separate cabin washroom building which has been redone as well.

If you have a preference, please let us know ahead of time. Often teens and adults spend time later in the evening in the Lodge and you may prefer to have your accommodation there to put younger children to bed.

### PROGRAM

All organization of the Gale Fellowship Retreat is by volunteers. Those leading and working this weekend are from Gale Church and are also participants. Along with Camp Kintail staff to help us with some of the activities.

The goal of the retreat is to provide relaxing time with intergenerational activities and worship interspersed throughout the weekend. Activities allow for participation by all ages. There may be times that participants of any ages may choose to enjoy observation more than activity. Camp is a great time and your level of participation is your choice with no pressure.

***Supervision of young children is your responsibility as a family.***

### SITE and FACILITIES

Main Lodge

* large meeting hall with fireplace and eating area
* large commercial kitchen (with dishwasher)
* main washrooms and showers
* small lounge (normally for staff use)
* administrative offices
* some sleeping accommodations

Beach

* this area is unsupervised. The beach is lovely, clean, sand and coooool to cold water
* We must have a Kintail staff life guard with us on the beach before entering the water.
* The beach is totally wheel chair accessible! There is a ramp that leads to the paddle shack and to a patio area.

Other

* There are various sporting activity areas, including rock climbing wall, low ropes, high ropes course with zip line, disc golf and archery, newer beautiful outdoor chapel overlooking the lake area, walking trails, etc for our use. Please respect the property.
* Camp Kintail is happy to accommodate families who want to set up their own tent trailer. In the past, families have set up just north of Macdonald Lodge.

### MEALS

Are provided by Camp Kintail and their staff. We will often have other people/groups join in the meal time in the main lodge. This is a great time to meet other people.

**GALE has our own snack time each evening we ask if you can please bring a Peanut-free snacks for sharing both evenings would be appreciated.**

**If you have special dietary needs, please contact Melanie Dow or highlight on your registration form.** The kitchen is large and used by different groups each weekend. We cannot give assurance that the kitchen itself or the food prepared by our volunteers is a ‘free’ zone from any specific products or ingredients.

### WHAT TO BRING

* sleeping bags, blankets, pillows (consider extra sleeping bags and blankets)
* towels, personal toiletries, warm clothing, cool clothing, rain gear
* flashlight (with working batteries)
* sunscreen, insect repellent, beach items
* sports equipment (Frisbees, baseballs and bat, soccer ball, football) etc.,
* games, books, board games or cards for the evenings in the lodge.
* Water shoes are nice if planning on going into the water, for there are rocks
* Snacks to share on Friday and Saturday evening (Peanut Free)