

SLOW COOKER WHOLE CHICKEN & GRAVY

Submitted by:

Sheila Tutton

Prep Time 5 minutes Cook Time 4 hours Total Time 4 hours 5 minutes Servings 6 servings

Ingredients

1 small chicken , about 4lbs
2 slices onion
2 tablespoons olive oil
cornstarch
¼ cup chicken broth or water (optional)

Seasoning Mix

2 teaspoon paprika
1 teaspoon seasoning salt (or to taste)
1/2 teaspoon garlic powder
1/2 teaspoon black pepper
1/2 teaspoon parsley
1/2 teaspoon thyme or summer savory

Instructions

Combine all seasoning mix ingredients in a small bowl.

Brush chicken with olive oil and rub seasoning into chicken.

Roll up balls of foil and place in the bottom of the slow cooker with 2 thick slices of onion. Place chicken on foil, breast side up so it is slightly lifted off the bottom of the slow cooker. (You can use onion and carrot chunks instead if you prefer).

Cover and cook on low 7-8 hours or high 4-5 hours. (165 degrees)

Remove chicken and place on a small pan. Broil 3-4 minutes to crisp skin (optional). Rest 10 minutes before slicing.

Gravy: Remove foil and onion from slow cooker and turn onto high. If required, add broth to create about 2 cups of liquid.

In a small bowl, combine 4 tablespoons cornstarch with 4 tablespoons water to create a slurry.

Whisk about 2/3 of the cornstarch into the drippings/broth and let cook on high. Depending on the amount of liquid you may need to add more of the cornstarch slurry to reach desired consistency. Let cook at least 5 minutes before serving.

Taste and season with salt & pepper.

